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## **UPPER ENDOSCOPY PREPARATION**

**DATE:**

**ARRIVAL TIME:**

**LOCATION:**

**Mid Peninsula Endoscopy Center  
1720 El Camino Real, Suite 100  
Burlingame, CA 94010  
650-373-1970**

**Instructions:**

- ❖ **DO NOT** take any Advil, Motrin, Aleve, ibuprofen (NSAIDs) 5 days prior to your procedure.
- ❖ Nothing to eat or drink for at least 6 hours prior to your appointment.
- ❖ If you are taking any PPI (proton pump inhibitor) medications such as: Omeprazole(Prilosec), Esomeprazole(Nexium), Lansoprazole(Prevacid), Rabeprazole(Aciphex), Pantoprazole(Protonix), or Dexlansoprazole (Dexilant), then **DO NOT TAKE THE MEDICATION 1-2 DAYS PRIOR TO YOUR PROCEDURE.**
- ❖ Do NOT take any medications on the day of your the procedure, unless otherwise instructed by your physician.
- ❖ This procedure should last about 2 hours including recovery time. Please make sure you have someone to accompany you or pick you up after the procedure. **NOTE:** You are not allowed to drive at all after your procedure.
- ❖ You may find more information at our website [www.mygidocors.com](http://www.mygidocors.com) under the heading "Your Procedure."
- ❖ Should you have any further questions please call our office at 650-342-7232.