

Eugene Lee M.D.
100 S. Ellsworth Ave. Ste. 507
San Mateo, Ca. 94401
(650)342-7432

CAPSULE ENDOSCOPY

DAY BEFORE

You may eat breakfast and lunch. Do not eat salads or vegetables for lunch.

For the remainder of the day have liquids only.

Coffee, Tea, Chicken Broth, Juice Sodas
Gator-Aid

Please avoid red beverages.

MORNING OF CAPSULE ENDOSCOPY:

NOTHING TO EAT OR DRINK.

No medications that morning.

Wear comfortable loose fitting clothing

2 hours after swallowing capsule (10:30 A.M.)

You may have 7-up, ginger ale, water
Some of the clear liquids.
Take your medications.

3 hours after swallowing capsule, (11:30) you may have

Coffee, tea, chicken broth, juice sodas,
Gator-aid, nothing red

4 hours after swallowing the capsule (12:30), you may have

A light lunch. Soup, half a sandwich. More liquids.
No lettuce or tomato on your sandwich
No red liquids

If you have a hairy chest please shave
Ladies please do not wear lipstick.

Please wear or bring an undershirt or a tee shirt

Please do not take IRON TABLETS FOR ONE WEEK BEFORE STUDY